

WENTWORTH HOSPITAL PALLIATIVE CARE PROJECT

Zodwa Sithole

INTRODUCTION

- HPCA was invited to a meeting to explain the plan to pilot palliative care in a hospital in each district in KZN
- This will be piloted at Wentworth Hospital (WWH), 10 beds available for palliative care patients.
- This palliative care ward will be called Centre of Excellence as it will mentor the provincial doctors
- Interdisciplinary teams will be trained in palliative care to identify and manage patients with palliative care needs and would be available to be called to assess patients in other wards

PALLIATIVE CARE PLAN FOR THE DISTRICT

- Draft policy for Palliative Care Referral to WWH (Centre of excellence for specialist palliative care) has been developed
- The plan is to start at district hospitals and identify a palliative care team in each hospital
- Each ward to have two nurses to be palliative care champions and do ward rounds with the doctors
- They will send a list of patients to the team that are requiring the care.

PALLIATIVE CARE PLAN FOR THE DISTRICT CONT...

- **How will control referrals from other hospitals:** The rule is book a bed and there is a policy and SOP in place
- There will be no direct admission to the palliative care ward
- HPCA has provided a list of policies and have offered mentorship
- Hospices are to be acknowledged in the policy file if their documents are used
- An IDT ward round will be done once a week, Dr Christina and Dr Julia Amber may be able to help with the training

PROPOSED WORKING GROUP FOR IMPLEMENTATION OF PALLIATIVE CARE STRATEGY IN ETHEKWINI DISTRICT

- Pain management policy
- Access to medication
- Need for palliative care services(in house or referral/consultative services)
- Creation of an inpatient unit in the District -Referral policies and SOPs
- M&E
- Training /Mentorship

ORGANISATIONS SUPPORTING THE PROJECT

- UKZN Family Medicine: Professor Bernard, keen to get involved in the technical working group and supporting WWH on behalf of the department of family medicine
- Public health specialist who offered her services to develop a monitoring and evaluation programme
- UKZN Public health school of nursing
- KZN Provincial DoH
- EThekweni District DoH
- King Dinizulu Hospital
- Mc Cord Hospital
- HPCA and Highway hospice
- Mduduzi hospice

WWH PROJECT PLAN

- There is a unit at WWH that currently has 25 beds, this is a big unit and could be spilt into a clinic and then 10/15 beds could be used for the ward if needed to be admitted
- There will be dedicated multi-disciplinary team working in the palliative care ward
- WWH Management team and HPCA will be working on HR plan
- The plan is to use the CCGs that are in the area, to link the patients to the community once discharged
- To make sure that there is always a follow up procedure that is in place once the patient has been discharged

WWH PROJECT PLAN CONT...

- WWH senior management team to draw up a project plan
- To look at key activities, person responsible and timelines
- Training needs to be completed by mid-September.
- WWH committee to identify people within the organisation who will be working in the centre
- WWH CEO Management team and HPCA to make sure that palliative care policies and SOPs are in place
- McCord's has donated beds, trolleys, cabinets etc.
- Extra beds to be donated to Westville Correctional Centre

PRACTICAL PLACEMENT FOR PALLIATIVE CARE STUDENTS

- Palliative care students can use WWH for their practicals
- UKZN 3rd year students undergraduates can come in for 2/3 days for practicals
- Oncology and Palliative nursing students to do 40 hours in the Palliative unit
- Before students go to WWH, accreditation needs to be obtained from SANC with UKZN once the Palliative Care unit is up and running
- SANC come and do a site visit and when happy with the facilities then issues a letter of accreditation.

EXPERIENCE AT KING DINUZULU TB HOSPITAL

- A Central Referral Facility for DR-TB in KwaZulu Natal
- Cure rates for DR-TB are less than 40% and defaulter rates are high of almost 25%
- This is due to the long, complex and painful treatment course with prominent side effects which may include hearing loss
- A need for Palliative Care in the in-patient wards and out-patient clinic has been identified
- Treatment cessation is **NOT** the start of palliative care and must be a decision that can withstand, clinical, ethical and medico-legal scrutiny

THE PALLIATIVE CARE PROGRAM FOR DR-TB AT KING DINUZULU HOSPITAL COMPLEX

- DR-TB Treatment Cessation Committee
- DR-TB Counselling Tools to include Palliative Care
- Symptom Assessment and Palliative Care Pathways for Patients
- Family Support
- Community Support
- Infection Control for health care workers and in the community

PROGRESS ON THE WWH PROJECT

Identify ward with 15 beds –male and female	Begun renovations and procurement of beds
One week training on 5 day introductory course on Palliative care	16 staff – doctors , nurses, pharmacist ,social worker, physio, dietician, CCG coordinator and spiritual care givers
Subcommittees on policy development , admission and referral criteria	The WWH policy committee will develop their policies, and have requested for assistance from hospices who will share policy documents.
Engagement with HPCA and hospices and CCGs for community support	ONGOING
Engagement with hospitals for inpatient transfer between wards	District health office to lead engagement once criteria for admission, SOPs and protocols developed
Project plan to be finalized before 02/09/16	Proposed start date – 01/11/2016

WWH PROJECT TEAM RESPONSIBILITIES

- Dr.Kader and Dr Zulu – project managers for the WWH –centre of excellence to be commissioned hopefully before end of 2016
- Dr.R.Naidoo –specialist family physician at UKZN and Ms.D.Wentzel from School of nursing in collaboration with HPCA – development of curriculum for training in the DOH of interdisciplinary teams
- Mr Caleb Wang –RTC and S.Mthethwa – to work with UKZN to source funding for district wide training in each hospital and CHC
- Ms.Z.Sithole and B.Green –Thompson HPCA –TECHNICAL SUPPORT for development of protocols and training
- Ms. Sheryl Wust and Dr.S.Fakroodeen – advise on linkage
- Dr.R.Naidu and T.Govender – development of palliative care for DRTB
- Clinical Mentorship ward rounds for team at WWH – team of doctors –Sunpath, Edwin,T.Govender and Pharmacist –N.Misra
- Dr.Banoo –DCST paediatrics :clinical mentorship for adolescent care with
- ?Msunduzi NPC- Dr. Julia Ambler

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Palliative Care – Relief of suffering
