



# DAY RELEASE - CERTIFICATE COURSE IN PALLIATIVE NURSING for Professional and Enrolled Nurses

## WHAT IS PALLIATIVE CARE?

The WHO defines palliative care as "an approach that improves the quality of life of patients and their families facing problems associated with life – threatening illness, through the prevention and relief of suffering, the early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual".

The goal of palliative care is achievement of the best quality of life for patients and their families. Palliative care is not limited to end of life care; many aspects of palliative care are also applicable earlier in the course of the patient's illness in conjunction with other treatments.

Palliative care is an integral part of every nurse's role. This course equips the nurse with a set of competencies required to provide quality palliative care services and education at all levels and settings of care.

This certificate course is a combination of theory, practice and clinical work which aims to improve patient care through improved palliative nursing knowledge, skills and performance.

## WHO SHOULD ENROLL?

This course is open to all professional and enrolled nurses registered with the South African Nursing Council.

## WHAT DOES THE COURSE ENTAIL?

Course work is divided into 4 modules.

- Module 1: Principles and practice of palliative care.
- Module 2: Theory and practice of symptom control.
- Module 3: Communication skills in palliative care.
- Module 4: Theory and practice of psychosocial, spiritual and supportive care.

In order, to receive a certificate of competence learners need to meet the following requirements:

### Contact teaching

- Attend weekly contact teaching sessions. (usually a Thursday)
- Attend a minimum of 80% of all contact teaching.

### Clinical work

- 60 hours of clinical work must be completed at approved sites. These hours are in addition to the contact teaching time. (Candidates are advised to discuss this with their employers.)

### Workplace tasks

- Learners are required to complete prescribed palliative nursing tasks within their own work environment

### Communication assessment

- A role play interview is used to assess communication skills and attitudes.

### Final written examination

- This is an examination conducted nationally.
- Learners must successfully complete prescribed minimum standards, in order, to write the examination.

## CLOSING DATE FOR REGISTRATION: 15 January 2021

CONTACT TEACHING DATES	
<b>Module 1:</b> 4 February – 4 March 2021	<b>Clinical Practical's:</b> 1 July – 14 July 2021
<b>Module 2:</b> 11 March – 27 May 2021	<b>Module 4:</b> 16 July – 12 August 2021
<b>Module 3:</b> 3 June – 24 June 2021	<b>Revision:</b> 19 August – 9 September 2021
MODULE ASSESSMENT TASKS COMPLETED	
Module 1: 11 March 2021	Module 3: 16 July 2021
Module 2: 3 June 2021	Module 4: 19 August 2021
COMPLETED COMMUNICATION SKILLS ASSESSMENT	
20 September 2021 (First assessment option 19 August 2021)	
COMPLETED CLINICAL AND WORKPLACE TASKS	
26 August 2021	
FINAL WRITTEN EXAMINATION	
21 September 2021	
26 October 2021 – Rewrite by invitation only	

## COURSE FEE

R 26, 300.00 (Inclusive of VAT)

- A non-refundable deposit of R1000 payable on registration
- The balance of R25, 300.00 is payable by 31 March 2021

### Banking details for deposit and course fee payment

Please request information from Amanda Sables

Email: [amanda@hpca.co.za](mailto:amanda@hpca.co.za)

### Fax or email proof of payment to

Amanda Sables

Fax: 021 531 1706

Email: [amanda@hpca.co.za](mailto:amanda@hpca.co.za)

## Educational Grant

Hospice Palliative Care Association is offering a limited number of partial educational grants subject to approval for 2021. All applicants are eligible to apply, but preference is given to HPCA member NGO staff. This grant will cover tuition fees in part but does not extend to travel, accommodation and other costs.

**Applications for grants must be made by 16 January 2021**

**Grant application forms can be obtained from:**

**Amanda Sables**

**Tel: 021 531 0277**

**Fax: 021 531 1706**

**Email: [amanda@hpca.co.za](mailto:amanda@hpca.co.za)**

## Registration form 2021 - CCPN

Certain student information is required to enable HPCA to report on student achievements to the authorities as required. We appreciate your assistance in ensuring that our records are complete

Day Release <input type="checkbox"/>		Block Learning <input type="checkbox"/>		E-Learning <input type="checkbox"/>	
Title		Initials		First Name	
Preferred Name		Male / Female			
Surname		SANC number			
Qualification(s)		Professional Nurse <input type="checkbox"/>		Enrolled Nurse <input type="checkbox"/>	
ID Number					
Current Occupation					
Name of facility you work in					
Contact Numbers	Work	Code	Number	How did you hear about the course: <input type="checkbox"/> HPCA Website <input type="checkbox"/> UCT <input type="checkbox"/> Twitter <input type="checkbox"/> Facebook <input type="checkbox"/> E-mail <input type="checkbox"/> Word of mouth	
	Home	Code	Number		
	Fax	Code	Number		
	Cell	e-mail			
Postal Address					
Area		Town		Code	
Province		Country			
Physical Address					
Area		Town		Code	
Province		Country			
Professional Qualification (Select one)	<input type="checkbox"/> Professional Nurse		<input type="checkbox"/> Enrolled Nurse		
In which ONE functional area do you spend most of your working day?	<input type="checkbox"/> Clinical		<input type="checkbox"/> Research		<input type="checkbox"/> Management
	<input type="checkbox"/> Education		<input type="checkbox"/> Other		
Workplace Demographics	Select the ONE sector that best describes your main workplace		<input type="checkbox"/> NGO		<input type="checkbox"/> FBO (Faith based)
			<input type="checkbox"/> Clinic		<input type="checkbox"/> Hospital
Select your main area of work		<input type="checkbox"/> Urban area		<input type="checkbox"/> Rural area	<input type="checkbox"/> Peri-Urban area
		District:		Province:	
Level of care	<input type="checkbox"/> PHC		<input type="checkbox"/> CHC		<input type="checkbox"/> Hospital
		<input type="checkbox"/> Other:			
Race	<input type="checkbox"/> Black		<input type="checkbox"/> Asian		<input type="checkbox"/> Coloured
		<input type="checkbox"/> White			
Facebook Username:			Twitter Username:		
<b>WHERE WOULD YOU LIKE TO ATTEND THIS COURSE?</b>					
<input type="checkbox"/> PTA	<input type="checkbox"/> JHB	<input type="checkbox"/> DBN	<input type="checkbox"/> Port Shepstone	<input type="checkbox"/> Port Elizabeth	<input type="checkbox"/> Cape Town
<b>PAYMENT DETAIL</b>					
Payment Method:	<input type="checkbox"/> Cheque		<input type="checkbox"/> Credit Card		<input type="checkbox"/> Electronic Transfer
<input type="checkbox"/> Bank Deposit					
Credit card number					
Last 3 digits at back of card		Expiry Date		Master / Visa Card	
If payment is done by credit card budget account, mark period in months			<input type="checkbox"/> 3 months		<input type="checkbox"/> 6 months
Surname and initials			Card holder's signature		
<b>BANKING DETAILS:</b> Please request information from Amanda Sables Email: <a href="mailto:amanda@hPCA.co.za">amanda@hPCA.co.za</a>			<b>EMAIL, POST OR FAX YOUR REGISTRATION FORM TOGETHER WITH YOUR PAYMENT TO: Amanda Sables</b> Fax: 021 531 1706 Email: <a href="mailto:amanda@hPCA.co.za">amanda@hPCA.co.za</a>		
<b>CANCELLATIONS:</b> HPCA reserves the right to cancel or postpone a course. Applicants will be informed and all fees will be refunded. Cancellations are accepted in writing and without penalty until 31 March 2021, however, students will be responsible to pay for all training material received as well as a pro rata fee for classes attended. Non-arrivals will be liable for payment of the full fess. Substitutions are accepted.			<b>Registration closing date: 16 JANUARY 2021</b> <b>ALL COURSE FEES MUST BE PAID IN FULL BY 31 MARCH 2021.</b>		
<b>PAYMENT REFERENCE</b>					
SURNAME – CCPN					
<b>SUBSCRIPTION</b>					
Signature			Date:		