

QUALITY COUNCIL FOR TRADES AND OCCUPATIONS (QCTO) OCCUPATIONAL CERTIFICATE IN HOME-BASED CARE

INTRODUCTION

The full qualification prepares the learner to work as a home-based carer (HBC), while the part qualification allows the learner to work as an assistant home-based carer. The full qualification covers more theory and allows the learner to take on more responsibility, while the part-qualification focusses predominantly on practical aspects of care. Both categories require professional supervision and support.

PURPOSE OF THE TRAINING

A home-based carer will be able to provide supervised care and support to patients and household members in the home, in order to promote, restore and maintain a person's comfort, function, spiritual wellbeing and physical health including care towards a dignified death. The work of a home-based carer focusses on therapeutic work (to make better), rehabilitative work (to restore to health), long-term maintenance (to care for over a long time) and palliative care (for those with life-limiting conditions). All these tasks require time and commitment and imply a longer-term relationship with clients/patients.

ADMISSION CRITERIA

Learners enrolling to do the full qualification (NQF3) must have the following:

- A qualification at NQF 2 or Grade 10 schooling.

Learners enrolling to do the part qualification (NQF2) must have the following qualification:

- ABET level 3 or Grade 9 schooling.

MAXIMUM NO OF PARTICIPANTS

Maximum of 15 students per group (to comply with social distancing guidelines).

COURSE DESIGN

The two qualifications require knowledge modules, practical skills modules and workplace experience.

Full qualification – 5 Knowledge Modules, 6 Practical Modules, 8 Workplace Experience Modules
(1350 notational hours or maximum 1 year)

Part qualification - 1 Knowledge Module, 3 Practical Skills Modules, 4 Workplace Experience Modules
(700 notational hours maximum 6 months)

Learning Outcomes

1. Provide holistic care and support to patient and household members.
2. Communicate effectively with patients and household members.
3. Operate effectively and efficiently within a multi-disciplinary team context.
4. Recognise when to refer, and who to refer to whom, and why.
5. Complete a generic guideline report/template on patient care.

COURSE CONTENT

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| <ul style="list-style-type: none"> • Health, wellness, ethics and values • Concepts - patient centred care and quality of life • Principles of communication • Anatomy and physiology • Concepts and principles of rehabilitative care • Therapeutic management of physical & emotional ailments (wounds, basic first aid, mental illness, Communicable and Non -Communicable disease, treatment adherence, common Ailments and referrals) | <ul style="list-style-type: none"> • Concepts & principles associated with ageing • Concepts & principles of palliative care • Pain assessment & management • Assess and identify the needs of patients and family/household members. Develop/update a standardised care plan • Identify and report on possible needs of patients and family/household members on an ongoing basis • Implement delegated components of the care plan (household and patient): |
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| <ul style="list-style-type: none"> • Principles of therapeutic support (community and roles of home-based carer) • Capacitate patients/family/household members in basic practical care skills • Record and submit required information as per schedule | <ul style="list-style-type: none"> ○ Skill 1 Physical Care ○ Skill 2 Emotional Support • Educate patients and family/household members regarding the specific health/social conditions |
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TRAINING ASSESSMENT

Both qualifications require knowledge modules, practical skills modules and workplace experience.

Assessments:

- Worksheet tests for each module.
- Practical skills competency checklists.
- Statement of work experience.
- Portfolio of evidence (POE) with internal assessments.
- Final External Summative Assessment (HWSETA).

COURSE ACCREDITATION

Full qualification NQF 3: Home Based Personal Care Worker SAQA ID 104792
 Part qualification NQF 2: Home Based Personal Care Assistant SAQA ID 104779

CERTIFICATION

The students who successfully pass the External Integrated Summative Assessment (EISA) will be issued with a QCTO qualification.

CORRESPONDENCE

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